Ontario Track Youth Cup #1

Saturday February 21st – Mattamy National Cycling Centre



Technical Guide December 4th 2014 Version 1.0



General Information

• The Track Youth Cup marks the first event, for Ontario's Youth Racers to test the new Pan-Am Velodrome in 2015. The Track Youth Cup events are meant to encourage kids aged 9-16 to come out and experience the thrill of racing on a world class Velodrome.

Registration Information

- This event is pre-registration only.
- You can register online by clicking here <u>REGISTER</u>, you have until 11:59 PM February 10th 2015 to sign up.



Schedules/Category

Category	Start Time	Event	Entry Fee
U11 M/F*	4:00PM	Standing Starts	\$35
		250m, 500m, Kilo,	
		Handicap @ 500m	
U13 M/F*	4:00PM	Standing Starts	\$35
		250m, 500m, Kilo,	
		Handicap @ 500m	
U15 M/F*	4:00PM	Standing Starts	\$35
		250m, 500m, Kilo,	
		Handicap @ 750m	
U17 M/F* **	4:00PM	Standing Starts	\$35
		250m, 500m, Kilo,	
		Handicap @ Kilo	

^{*}Gear restrictions are in place and will be enforced for all categories, see below for a chart.

Special Note: Track Obstacle Course (Crazy Cone Drill) May be run if time allows!

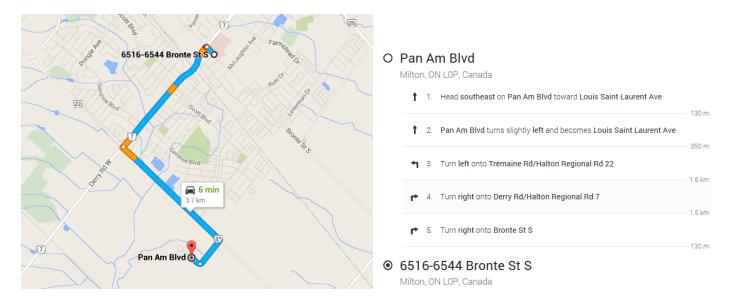
^{**}U17 category is only open to Citizen Permits.

Gear Restrictions

Track Cycling					
CATEGORY GEAR LIMIT EXAMPLE FOR 700c WHEELS and a 23mm tire.					
Age Category	Roll out Meters	Approx. Gear Inches	Chain ring/Sprocket combinations that work.		
U11(Squirt)	6.40 meters (Approx.)	81 inch	48 x 16		
U13(Peewee)	6.40 meters (Approx.)	81 inch	48 × 16		
U15(Minime)	6.70 meters (Approx.)	84 inch	50 x 16		
U17(Cadet)	6.93 meters (Approx.)	88 inch	49x15		

Roll out will be held before each race Course Safety

- First aid will be located in the in-field area.
- Below is a map to the nearest hospital.



- If you can not start for any reason please notify a Commissaire.
- You are required to wear an approved, regulation cycling helmet at all times while riding your bike.

General Rules and Regulations

- The races will be held under the rules of the UCI with CC and OCA modifications.
- The CC & OCA rules are available on-line at: http://www.ontariocycling.org/commissaires/commissaires-rules/
- Sign in closes 30 minutes before the start of the day.
- This event is pre-registration only. Numbers will be handed out at sign in.
- All riders must sign on at registration.
- An OCA representative will be present at the race to assist with rider licensing issues. Citizen Permits will be available from the OCA in advance of the event. Please contact the OCA for more details.
- All riders (or parents/guardians) are required to sign the OCA and CC waivers.
- Races will start promptly at the indicated start times.
- There will be a "welcome riders meeting" prior to the start of competition.
- Only Licenced coaches and operational / event personnel are allowed in the infield / safety zone.
- In case of an accident spectators are NOT ALLOWED to cross the track, however, they can gain access to the infield through the tunnel.

Medals

• Medals will be awarded to the top three athletes in each category for each event. You must attend the awards ceremonies in order to receive your medal. Riders must wear their competition uniforms for the presentation.

Event Specific Rules

- Standing Starts will have each athletes hand held during each start, similar to how they are held at Road ITT Youth Cup events. Two riders will be on the track at the same time, chip timing will be used to generate the results.
- Handicap races are based on the 500m Standing Start results. Each .2 of a second is handicapped 20m. (These are estimates and could be changed).