



2016 Canadian Track Championships

- U17/Junior -

Technical guide

General information

- The Canadian Track Championships is a CN-class track event and will reunite the best U17 & Junior riders from all over the country at the Mattamy National Cycling Center
- The event will be run under UCI / Cycling Canada rules
- The Canadian Track Championships will be governed by Cycling Canada
- UCI points will be allocated for the categories and events as outlined in the table on page 8
- The Canadian Track Championships will take place on the date and time as scheduled
- There will be no extension of the championships past Sunday April 3, 2016 due to unforeseen delays or prolonged stoppages. In case of stoppages, priority will be given to championships categories and events. The racing format may also be modified at the discretion of the chief commissaire
- The Canadian Track Championships will include the following events:

Event	U17	Junior
Team Sprint	X	X
Sprint	X	X
Keirin		X
Kilo/500m	X	X
Team Pursuit	X	X
Individual Pursuit	X	X
Scratch Race	X	X
Points Race	X	X
Elimination Race	X*	X*

All events identified above are championship events, except for the Elimination race. Championship title and jersey will be awarded according to the policy described in the Medals, jerseys & ceremonies section.

Officials

Position	Level	Name	Country or Province
Technical Delegate	Cycling Canada	Jessika Grand Bois	CAN
Chief	UCI	Louise Lalonde	QC
Judge	National	Steve Head	ON
Secretary	National	Anne Cobban	ON
Starter	UCI	Michael Pinkoski	AB
Member	National	Brad Day	ON
Member	National	Andrew Paradowski	ON
Member	Provincial	Chantal Thompson	ON
Member	Provincial	Josée Larocque	ON
Timing		RSS Timing / Racetiming.ca	
Announcer		Randy Ferguson	

Eligibility

- **Eligibility to race:**
To be able to participate and race in all categories, including UCI categories, you must be either a Canadian citizen (including dual citizenships), permanent resident, landed immigrants or an individual with refugee status. Proof of citizenship status or residence may be required (passport, permanent resident card, landed immigrant status or refugee status papers).
- **Eligibility to compete for the Canadian champion title/podium/points/medals:**
Only the participants eligible to race (see above) who have a CAN UCI code will have access to the Canadian champion title, Canadian championships podium positions, UCI points and Canadian Track Championships medals.
- Prize money (where applicable) will be based on order of finish regardless of citizenship or nationality.
- Should a rider without a CAN UCI code place among the top three overall finishers in the race category, a podium presentation will take place based on the finishing order of the race and a second podium presentation based on the Canadian championships results of eligible riders with a CAN UCI code will follow.
- All athletes must be in possession of a valid UCI international license.
- Domestic licenses (from Canada or other countries) will not be permitted.
- No one-day licenses will be sold for the Canadian Championships.
- A license must be presented to compete in the appropriate discipline.
- No registrations will be accepted on the day of the event.
- All competitors must enter their event class as shown on their license.
- Classes are defined as per UCI rules based on the year of birth
- Athletes will not be considered registered for an event until the following administrative requirements have been completed:
 - Online registration has been done
 - Payment has been made
 - Waiver has been signed (if required)
 - UCI license has been validated by the designated commissaire

Upgrades

At Canadian championships, athletes must race in the age category on their license. The only exception to this will be for athletes who are in the last year of the U15 category (born in 2002) and meet all of the following requirements. These athletes may request an upgrade to race in the U17 category according to the following policy:

- Upgrades for team events are allowed as long as 50% of the team (2 members in the case of a team of 4) is racing in their appropriate age category. For the U17 team pursuit, the team pursuit is an event for teams of 4 riders. However, we will allow teams of 3 for U17 (a 3 riders team pursuit team must have at least one U17 rider).
- Athletes who have posted times, in timed events, that could potentially be top 5 at the Canadian Track Championships in the upgraded category may be upgraded (500/kilo, IP)
- Athletes wishing to race in bunch races in an upgraded category must receive the endorsement of their coach and Provincial Sport Organization (PSO). Cycling Canada may ask for verification of the rider's ability to ride in a pack.

Upgrades may be requested by the athlete's coach to the PSO who will contact Cycling Canada to process the request. The athlete (or coach) has to fill the upgrade document available on Cycling Canada's website. All requests for upgrades must be received no later than March 21, 2016. A letter of acceptance or denial will be forwarded to the PSO, coach and athlete. Should an athlete receive an upgrade, they will need to present their letter of upgrade to the commissaires at riders confirmation/numbers pick-up.

Technical regulations

- The event will be run under Cycling Canada/UCI rules. All riders must know the rules.
- The Canadian Track Championships will be governed by Cycling Canada.
- Equipment regulation, as per UCI rules, will be enforced for all categories. No exceptions.
- Approved helmets will be mandatory for training and racing.
- Preliminary distances for each events are available in a separate document on Cycling Canada's website.
- **NEW IN 2016:**
Through discussions that started with the Track Competition review and continued at the 2015 Canadian Track Championships, it has been decided to move away from the Omnium format for the U17 and Junior categories. It is now possible to register for any events individually.

It allows the U17 and Junior riders to race the bunch events to win a Canadian Championships title, and to not necessarily protect their position within the Omnium standings. We want to see all U17 and Junior riders "race" these individual and bunch events; learning what it takes from a technical and tactical standpoint to win a scratch race and a points race.

Specific event regulations

- Sprint
 - U17 W-M & Jr W-M
 - The qualification for the sprint tournament will be a flying 200m.
 - Progression of the sprint tournament will be based on number of participants registered.
 - Only the 1/2 final and final will be a best of three
- Keirin – Junior only
 - Progression of the keirin tournament will be based on the number of riders registered.
- Individual Pursuit
 - U17 W-M: one ride only (final)
 - Junior W-M: top 4 of each category will race a second time for positions 1-4 (medal round).
- Scratch, points and elimination races – U17 W-M & Jr W-M
 - If there is more than 24 riders registered in a category for one of these races, there will be a qualification round (same race, but shorter distance).

Gear restriction

- Juniors: unrestricted*
- U17: 7.12m rollout (gearing suggestion: 50*15)
- If a rider has received an upgrade to race in the U17 category, the rider will be permitted to use the gearing applicable to U17
- Disc wheels will not be allowed for U17 (maximum rim depth 40mm)
- Carbon wheels will not be allowed for U17

***NEW IN 2016:**

The decision was made to remove the gear restriction for Junior riders. It needs to be made clear that this unrestricted gear ruling is only for Junior riders, and that the U17 gearing will remain restricted at its current limit. In collaboration with National team coaches, this decision was made to accurately reflect the conditions faced by Junior cyclists at Junior World Track Championships where there isn't a gear restriction. As selection for the Junior World Track Championships is based on meeting time standards, and not necessarily on winning races, we need to assess all potential Junior National Team members' performances on demand, on gears and in conditions that will be faced at the Junior World Track Championships.

We appreciate that this is a significant rule change 6 weeks out from the U17/Junior Canadian Track Championships. We ask you all to exercise good judgment and common sense when it comes to gear choices for your rider. Bigger does not necessarily mean better/faster when it comes to gearing, but this rule change will provide us with a clearer picture of who will be able to perform within the international Junior field at the World Championships.

Number placement

As per UCI rules, riders must wear two (2) number panels in all events, except for the events listed below:

- Kilo/500 TT
- Individual Pursuit
- Team Pursuit
- Team Sprint

Schedule

	Competition	Events
Thursday, March 31 st	7:00pm	Managers meeting
	7:45pm-10:00pm	Riders confirmation/Numbers pick-up (infield)
Friday, April 1 st	Session 1 -8:30 TBC	<ul style="list-style-type: none"> • Open training/Warm-up (90 minutes) • Team Sprint – Qualification – U17 W-M & Jr W-M • Team Pursuit – Qualification – U17 W-M & Jr W-M
	Session 2 -13:00	<ul style="list-style-type: none"> • Open training/Warm-up (85 minutes) • Team Sprint – Final – U17 W-M & Jr W-M • Ceremonies • Team Pursuit – Final – U17 W-M & Jr W-M • Ceremonies <p>After the Ceremonies: Info session for athletes / Town Hall meeting</p>
Saturday, April 2 nd	Session 1 -8:00	<ul style="list-style-type: none"> • Warm-up - restricted to athletes racing • Individual Pursuit – U17 W-M & Jr W-M • Ceremonies • Sprint – Qualification – U17 W-M & Jr W-M • Points race – Qualification* – U17 W-M & Jr W-M • Sprint – 1/8 final* – U17 W-M & Jr W-M (one ride) <p>*If necessary</p>
	Session 2 -15:30	<ul style="list-style-type: none"> • Warm-up – restricted to athletes racing • Sprint – 1/4 final – U17 W-M & Jr W-M (one ride) • Sprint – 1/2 final – U17 W-M & Jr W-M (2 of 3) • Points race – Final – U17 W-M & W-M • Sprint – Final – U17 W-M & Jr W-M (2 of 3) • Ceremonies
Sunday, April 3 rd	Session 1 -8:30	<ul style="list-style-type: none"> • Warm-up – restricted to athletes racing • TT – Final – U17 W-M & Jr W-M • Scratch race – Qualification* – U17 W-M & Jr W-M • Scratch race – Final – U17 W-M & Jr W-M • Ceremonies <p>*If necessary</p>
	Session 2 -13:30	<ul style="list-style-type: none"> • Warm-up – restricted to athletes racing • Keirin – 1st round & Repechage – Jr W-M • Elimination – Qualification* – U17 W-M & Jr W-M • Keirin – Finals – Jr W-M • Elimination – Final – U17 W-M & Jr W-M • Ceremonies

Medals, jerseys & ceremonies

Medals will be awarded in all categories in the following manner:

- Gold, silver & bronze when there is a minimum of four entries (one team counts as one entry) who start in a designated category
- Gold and silver when there are only three entries who start in a designated category
- Gold when there are only 2 entries who start in a designated category
- A Canadian champion jersey will only be awarded to Canadian championships title categories (providing the category meets the minimum requirement of five starters (5 riders in individual events and 3 teams in team events)

Note: Should the minimum requirement not be met in a title Canadian champion title category, the winner will have the option of purchasing a Canadian champion jersey, but only if there was a minimum of 2 riders/2 teams who completed the event in that category

Ceremonies:

- All athletes who have placed on the podium must attend the award ceremonies. Failure to do so will result in a fine and loss of award. Riders who cannot attend the ceremony must advise the Chief commissaire or the Technical delegate with a valid reason. Reasons such as “I have a plane to catch” will not be accepted.
- Riders must wear their cycling kit to the award ceremony. Failure to do so will result in a fine and loss of award.
- As per UCI rule, riders cannot wear or bring hats, water bottle, bikes, etc. on the podium. Doing so will result in a fine and loss of award.

Anti-doping

- CCES might operate a drug-testing facility at the velodrome. Athletes who are selected for testing will be met by a chaperone when they exit the track. All athletes who DNF must report to the finish line.
- Athletes participating in the 2016 Canadian Track Championships who require the use of a medication that is included on the Prohibited List must apply for a Therapeutic Use Exemption (TUE) prior to participating in the event. This applies to all categories of athletes. To obtain forms and TUE requirements, athletes are encouraged to visit the TUE Wizard: <http://cces.ca/en/tuewizard>

Registration

Registration	Categories	Deadline
https://ccnbikes.com/#!/events/2016-canadian-u17-junior-track-championships	U17/ Junior	March 28 th , 2016 11:59pm (ET)

- Registration will close at 11:59pm ET on March 28, 2016. No exceptions.
- There will be no day-of registration.
- Registration fees are non-refundable. No exceptions.
- Subject to UCI rules 9.2.008 and 12.2.001, once a rider is registered and on the official start list, they will be fined \$50 should they not appear on the start line or delay the start of the event.
- Race numbers will need to be picked up the day before the athlete competes
- Registration fees:

Categories	1 Event	2 Events	3 Events or +
U17 & Junior	CAD\$50	CAD\$80	CAD\$100

- **Registration fees will increase \$20 for all categories starting on Monday March 21, 2016 at noon ET.**
- Team events: riders must register as individuals and will confirm team composition at the meeting on Thursday, March 31st. If you are unable to attend, you will have to ask a coach that is present to submit your team composition.
- As per UCI rule 9.2.007, provincial teams/clubs/independents have until noon the day before their event to confirm the final composition of their team (Team sprint, Team pursuit)

Race numbers pick-up, license check & riders confirmation

Registration	Categories	When
On-site	- U17 & Junior riders doing team events - U17 & Junior racing on the Saturday/Sunday	Thursday March 31, 2016 7 :45pm – 10 :00pm (infield)
On-site	- U17 & Junior racing on the Saturday/Sunday ONLY	Friday April 1, 2016 During Session 1 (infield)

Accreditation

Accreditation will not be required for these Championships. However, only athletes and team staff is allowed on the infield. If you are not an athlete, team staff or event staff and you shouldn't be on the infield, you will be asked to leave.

UCI points

The Canadian Track Championships are a UCI National Championships event and award UCI points to **junior** categories as follow:

Rank	Individual events	Men's Team Sprint	Women's Team sprint	Team Pursuit
1 st	30	45 (3x15)	30 (2x15)	60 (4x15)
2 nd	27	40.5 (3x13.5)	27 (2x13.5)	54 (4x13.5)
3 rd	24	36 (3x12)	24 (2x12)	48 (4x12)
4 th	22	33 (3x11)	22 (2x11)	44 (4x11)
5th	20	30 (3x10)	20 (2x10)	40 (4x10)
6th	18	27 (3x9)	18 (2x9)	36 (4x9)
7th–24th	3	4.5 (3x1.5)	3 (2x1.5)	6 (4x1.5)
25th +	1	1.5 (3x0.5)	1 (2x0.5)	2 (4x0.5)

Athletes services

- Team pits will be allocated to provincial teams & affiliated teams/clubs. Team pits will be assigned based on the number of athletes in each delegation. Smaller delegation or independent athletes will share a common space. Pits will be clearly identified.
- Info desk: an information desk will be set near the commissaires platform. If you have any questions or concerns, please talk to the volunteers at the info desk.
- Schedule, results and startlists will be available online. We will share the link prior to the start of the championships. There will be paper copies of startlists and results posted on the infield. **No paper copies of startlists and results will be distributed to teams/athletes.**
- Wi-Fi: there is free public wi-fi in the velodrome.
- Equipment on the infield: equipment can be left on the infield overnight. However, there will not be a security agent present during the night.

Media

TBC

Spectators & tickets

Admission to the 2016 Canadian Track Championships for U17 & Juniors is free. Invite your friends and family to come to the Mattamy National Cycling Centre to cheer you on!

Volunteers

Interested in helping at the 2016 Canadian Track Championships? We would be happy to have you! We will need volunteers for various positions and will do our best to have the volunteers do a variety of tasks. You know track cycling? Great! You don't? Not a problem at all! We will give all our volunteers a tour of the velodrome and training on the different roles. We will of course provide volunteers with food (snacks, beverages and lunch) and a t-shirt.

Interested?

Send an email with your availability to Mel Crosby (m.crosby@sympatico.ca), who will be our volunteer coordinator for the event.

Medical

First aid will be on-site for all sessions. They will be located in the dedicated medical team pit. The medical team will treat athletes, staff, officials and volunteers.

The closest hospital is located 3.9km from the velodrome:

Milton District Hospital
Halton Healthcare
7030 Derry Road
Milton, ON

Accommodation

Official hotel of the 2016 U17/Junior Canadian Track Championships:

Holiday Inn Express & Suites Milton

2750 High Point Dr

Milton, ON L9T 5G5

(905) 876-4955

Rate: 115\$/night, includes hot breakfast buffet

[Click Here to Reserve](#)

Parking

It is possible to park at the velodrome. No parking pass needed. Please be careful as to not park in a restricted area.

Mattamy National Cycling Centre

2015 Pan Am Boulevard

Milton, ON L9T 2X6

(905) 875-5398

<http://www.mattamynationalcyclingcentre.ca/en/index.asp>

Questions?

Please contact Jessika Grand Bois (Jessika.grandbois@cyclingcanada.ca)